

Looking for Someone Else to Blame

By Estelle Roberts 2015

Something which our friend commented on in his opening prayer is that we so often look at the issues and the problems which are created around us and we immediately look for somebody else to blame. After all it can't be us who are incorrect, it can't be us who have the fault and are creating the problems can it? So we always look for what is affectionately called a scapegoat. We look for somebody else to put the blame upon.

We've heard it so often have we not? That I only got upset because of the way somebody said something, somebody behaved, and therefore I am perfectly allowed to retaliate, to get into a state of depression, to get angry, all because of a situation which we consider is outside our zone of influence. Because obviously if it was within our zone of influence it wouldn't occur would it? Because if it was within our zone of influence everybody would be nice to us, everybody would say only uplifting comments, everybody would be helpful, and everybody would share their love to us.

When we look at that it's really an unrealistic expectation is it not? What we should do is look inwardly at ourselves, consider why the individual is reacting in that way and question whether it could possibly be something that I have done or have said. That obviously is not our first reaction is it? Our first reaction is to blame somebody for our negativity, blame somebody for our losing our temper, and blame somebody for getting angry. We are always looking to blame somebody for situations which should sit squarely upon our shoulders.

You cannot change the way people react and respond. You can give them love and by giving them love and understanding they might then modify the way they react and respond, but at that point of time when the situation occurs you cannot influence the way they are thinking. We can try and sometimes it is necessary to react in a...what shall I say...a volatile manner to calm the other individual down but if you do this only respond in that manner if the response comes from a love and a desire to correct the other individual's position. But after it has been brought to a conclusion then we need to re-evaluate what has occurred and say to ourselves did I respond in the best manner to overcome the situation. Because if we do not do that when the situation returns we will respond in the same manner will we not? And if we do that then the lesson which was put there for us to overcome has not been resolved, has not changed either our way of dealing with the situation or the recipient's way of dealing with situation.

It's very difficult while you are upon the Earth Plane because you are dealing with individuals who are at a varying level of purity and therefore other residents of the Earth Plane shall I say, do not necessarily see things in the same way as we do. It would be nice if that was the situation wouldn't it? It would solve a lot of problems on the Earth Plane but that is the very reason the Earth Plane exists.

The state of utopia as you would call it, exists when you are within the realms of the Summerland because then the level that you reside in all the people who reside in that level have exactly the same level of purity, understanding and interpretation of how life should be. But advancement in that situation is quite difficult because you can't advance unless you have a situation in which you are tested. So what do you do? You go down to lesser vibrations and you mix with people in that vibration with the full knowledge that their attitude to life is different to yours. And hopefully by your example you will bring them forward and in the same way people who are of a higher vibration come to your level of vibration and attempt to raise the purity that you have in your heart.

You see it is a two-way street. There will always be people who are of a lesser vibration to yourself and people who are of a higher vibration. That is so much nicer than saying they are lower or higher than you isn't it because it's the vibration which they have within themselves which determine where you reside. If your vibration is filled with love well then you will proceed fairly quickly to your rightful place in the Fifth or Sixth Planes. Because there are people upon the Earth Plane who do not comfortably reside in the Summerland and have purified themselves to the point where they reside currently or when they return, in the Fifth or Sixth Planes but because they have the love within their being they do not wish to sit on their laurels so to speak. Their desire is to help others and bring them up to their level of purity and love. So it doesn't matter where you comfortably fit there will always be people who can lift you up and there will always people whom you can be the giver of love and teachings so as you can lift their position up.

At times we get very selfish on the Earth Plane don't we and we consider that everybody should think about us. Everybody should make considerations, change their thinking to be in tune with our thinking, not respond in a negative way. Ideally that's what we would all like isn't it? But when we look at ourselves have we reciprocated those feelings with those around us? Have we made ourselves the pure being which we perceive others should be to us? Obviously the answer to that is in the negative. We can't expect others to be pure if we are not pure ourselves. It would be a sort of utopia wouldn't it if that was the case but until we reach the Seventh Plane it will not occur. So we have to do the hard work so to speak and purify our thinking and the way we respond to our fellow man or woman. I'm not wishing to be sexist.

I hope that I have made myself eloquently clear on this matter because it is something that I do feel very strongly about.

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